SEMH/PSHE at Easton Academy

Intent and Implementation

At Easton, SEMH support/PHSE aims to equip children for the real world. We have designed a curriculum to suit the wider needs of our children based on the world that is currently around them. Most of our children have experienced either primary or secondary trauma. In addition to this, local crime statistics are very high. Therefore, our PHSE needs to equip the children with the skills to thrive in society in the present and the future. We use the full Jigsaw curriculum with additional support. The additional support includes a full term of class cognitive behaviour therapy, zones of regulation, being safe in the community workshops with the police and FGM Awareness Workshops.

Year 6

Building class communities

Cognitive Behaviour Therapy – 1 term

PANTS

Female Genital Mutilation Child Criminal Exploitation

Year 6 Transition Internet Safety

Anti-bullying

Year 5

Building class communities
Cognitive Behaviour Therapy – 1 term
PANTS
Female Genital Mutilation
Child Criminal Exploitation
Internet Safety

Drugs Workshop

Anti-bullying

Mini Police

Full Jigsaw PHSE Curriculum with the following extras

Year 4

Building class communities

Cognitive Behaviour Therapy – 1 term
PANTS
Internet Safety
Anti-bullying

Year 3

Anti-bullying

Cognitive Behaviour Therapy – 1 term Building class communities PANTS Internet Safety

Year 1

Building class communities Cognitive Behaviour Therapy – 1 term PANTS

Financial Awareness

Autism Awareness

Internet Safety

Anti-bullying

Transition

Sun safety lesson

Year 2

Building class communities
Cognitive Behaviour Therapy – 1 term
PANTS
Internet Safety
Anti-bullying
Sun safety

Zones of Regulation	Blue Zone – Sadness	Green Zone – Calm	Yellow Zone – Anxious	Red Zone - Angry
Whole School	Pivotal Behaviour Curriculum	Pivotal Behaviour	Pivotal Behaviour Curriculum	Pivotal Behaviour Curriculum
	Anxiety CBT Curriculum (1	Curriculum	 Cognitive Behaviour Therapy 	 1 Term a year PHSE Class
	term a year – whole school	 1 Term a year PHSE Class 	Curriculum – Whole School 1	Assembly
	1 term a year PHSE Class	Assembly	term a year	 Safety Intervention Plan
	Assembly		 1 Term a year PHSE Class 	
			Assembly	
			 Safety Intervention Plan 	
			 Year group transition lessons 	
Individual/Group Support	Trauma informed		 Primary Mental Health 	 Trauma informed
	practitioner		Specialist Support	practitioners
	Bereavement group		 Psychotherapist 	Psychotherapist
	Boxing mentoring		 Police mentoring 	 Zones of Regulation groups